



Welcome to the 40th running of the Los Angeles Marathon presented by ASICS!

The Los Angeles Marathon is a 26.2-mile journey through the heart of LA, starting at the iconic Dodger Stadium and weaving through vibrant neighborhoods like Chinatown, Downtown Los Angeles, Echo Park, Hollywood, West Hollywood, Beverly Hills, and Brentwood, culminating in Century City. Along the way, you'll encounter historic and cultural landmarks such as the Chinatown Dragon Gate, Olvera Street, Los Angeles City Hall, Little Tokyo, the Cathedral of our Lady of Angels, Capitol Records Tower, the Hollywood Walk of Fame, Grauman's Chinese Theater, The Troubadour, Rodeo Drive, Route 66, and so much more!

Our Stadium to the Stars course is designed for your success, featuring world-class operations, well-stocked aid stations, medical support, and enthusiastic officials along the route. The incredible crowd and spirited spectators will provide the energy and vibe that only LA can deliver.

Get ready for race weekend where you'll join over 26,000 fellow participants to achieve a monumental feat that only 0.05% of Americans ever accomplish: FINISHING A MARATHON!

Whether it's your first marathon, your tenth, or your fortieth, take a moment to appreciate the dedication it took to get here. You sacrificed weekends for training, faced blisters and pain, and prioritized those long runs over sleep-in days. Your hard work is truly inspiring, and we couldn't be prouder of you.

Thank you for choosing to participate in the Los Angeles Marathon. Your involvement supports the McCourt Foundation's mission to cure neurological diseases while empowering communities to build a healthier world. Every step you take is making a difference.

We wish you an unforgettable race experience and look forward to seeing you soon. In the meantime, please take a moment to read through our final race instructions to get familiar with race day policies for a smooth experience.

LOS ANGELES
MARATHON



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GENERAL EVENT INFORMATION

REGISTRATION

- The 2025 Los Angeles Marathon is sold out of all entries. Registration will not be available at the Lifestyle Expo. There will be no exceptions made.
- Reminder, the transfer of bibs is prohibited.

ADDRESSES

- Bib Pick-Up at the Lifestyle Expo
 - o Dodger Stadium, 1000 Vin Scully Avenue, Los Angeles, CA
- Los Angeles Marathon Start Line
 - Dodger Stadium, 1000 Vin Scully Ave, Los Angeles CA
 - For race morning runner drop off including Uber/Lyft:
 - Enter through the Golden State Gate, accessible via I-5
 - Enter 2000 Academy Rd., Los Angeles CA to navigate via GPS.
 - Drop off at Lot 4 of Dodger Stadium
- Los Angeles Marathon Finish Line
 - o Santa Monica Blvd at the corner of Avenue of the Stars
 - Area landmark: Westfield Century City Mall

AVERAGE WEATHER

- Average Weather (55°F TO 73°F)
- Average at Start Line: 50°F
- Average at Noon at Finish Line: 72°F

Please note: The Start Line is outdoors and may be damp and cold. Warm clothing is recommended. Any discarded clothing items at the Start Line will be collected and donated to charity.



LOS ANGELES MARATHON APP

Download the all-new Los Angeles Marathon race weekend app by searching "2025 Los Angeles Marathon" in your phone's app store.

The official race weekend app includes:

- Runner tracking: participant times, paces, estimates, and results in real-time within the app and through push notifications
- Interactive course maps complete with aid stations, cheer zones, and entertainment.
- Event information, including addresses, times, and venue maps
- Links to important and helpful information
- Social sharing
- and so much more!

SOCIAL MEDIA

Be sure to follow us on social media for the latest news, information, and content!

• Instagram: @lamarathon

Facebook:

facebook.com/lamarathon

• Twitter: @lamarathon

• Hashtags: #LAMarathon

#TeamTMF

RUNNER PERKS

Enjoy your 2025 Los Angeles Marathon Runner Perks! Check out the offerings from partners and local businesses throughout Los Angeles.

Click here for all runner perks: https://bag.sparksponsor.com/la-marathon-2025

RACE PHOTOS

Make sure your bib number is always visible in front of your body and SMILE when you cross the Finish Line! Your personal race photos provided by FinisherPix will be available at www.finisherpix.com





RACE WEEKEND SCHEDULE

DATE	TIME	EVENT	LOCATION
FRIDAY, MARCH 14	10:00AM – 7:00PM	LIFESTYLE EXPO	DODGER STADIUM, LOT G
SATURDAY, MARCH 15	8:00AM START	LA 5K	DODGER STADIUM, LOT H
SATURDAY, MARCH 15	9:45AM START	LA KIDS RUN	DODGER STADIUM, LOT H
SATURDAY, MARCH 15	10:00AM – 5:00PM	LIFESTYLE EXPO	DODGER STADIUM, LOT G
SUNDAY, MARCH 16	7:00AM START	LOS ANGELES MARATHON	DODGER STADIUM, LOT H
SUNDAY, MARCH 16	7:30AM – 3:30PM	LOS ANGELES MARATHON FINISH LINE	SANTA MONICA BLVD (AT. THE CORNER OF AVE OF THE STARS)
SUNDAY, MARCH 16	8:15AM START	CHARITY HALF MARATHON	DODGER STADIUM, LOT H
SUNDAY, MARCH 16	9:30AM – 2:30PM	MICHELOB ULTRA BEER GARDEN	THE ATRIUM AT WESTFIELD CENTURY CITY MALL

RACE RULES

Participants are encouraged to read the Los Angeles Marathon race rules which can be found here: https://www.mccourtfoundation.org/event/los-angeles-marathon/faqs/#racerules

IMPORTANT RULES TO BE AWARE OF

- Race numbers must be always visible from the front and may not be cut, folded, or altered.
- The use of any wheeled devices including bicycles, strollers, skateboards, inline skates, or roller skates is prohibited.
- Any competitor who has been found to have gained an unfair advantage by receiving assistance or by intentionally shortening the route of the race ("cutting the course") will be disqualified.
- The transfer of bibs to another person is strictly forbidden. Do not allow anyone else to run with your bib. If somebody other than yourself uses your bib, you and the party running with your bib will both be disqualified from the event and possibly banned from future events.



- Runners in their final approach must CLEARLY display their bibs on the front of their body. Any runners that do not have a race bib, "bandits", will be immediately pulled off course prior to crossing the Finish Line.
- Do not attempt to cross the finish line with anyone not wearing a bib (including carrying children across).
- All entry fees are non-refundable and non-transferable.

IMPORTANT BIB INFORMATION

- Bib transfers are strictly prohibited.
- The LA Marathon & McCourt Foundation do not change bib assignments. No exceptions.
- Do not purchase a bib from another person. You risk losing your money and you will not be able to pick up a bib.
- We are not responsible for any lost funds due to buying a bib from another participant.
- Running with someone else's bib is called banditing, which is not only
 prohibited, but it could also result in being banned from future events and risk
 delay of medical treatment in the case of emergency.



LIFESTYLE EXPO



PARTNERS

EXPO VENDORS

UCLA HEALTH	WAYMO	LUMABELT	LIVE CUSHY	EVERDAY DOSE
KIA	PHY HEALTH	HYDRAPAK	GT KOMBUCHA	CHARGEL
MICHELOB ULTRA		ROAMING HUNGER LLC (IMPOSSIBLE FOODS)	CHARTA GLOBAL	OTSO SPORT USA
BIG 5 SPORTING GOODS	S	WORLD ATHLETICS RUNNING CHAMPIONSHIPS	SWITCH4GOOD	PRO COMPRESSION
OPTIMUM NUTRITION		NATHAN SPORTS	ZEN BAKERY	FLIPBELT
ZENNI		MOUNT TO COAST	сосомо	HYPERICE
coros		RAINBOW LABS RUN CLUB	LEAFFILTER	SPACER MOBILITY
OLÉ		RANCHO MELADUCO DATE FARM	JOHNNYPOPS	THAI COMMUNITY CENTER
GU ENERGY		KALEO MARKETING	FLEET FEET AGOURA HILLS	ANGEL CITY PIT BULLS
ELECTROLIT		JIMISCAPS	2XU	LIFEWAY FOODS
NIRVANA		SIETE FOODS	KOALA'S MARCH	
CIRCLE K		HYATT VACATION CLUB	SHOCKZ	
CHARTA GLOBAL		DNA HAIRTOOLS	THE SAN FRANCISCO MARATHON	
ARROWHEAD		FIREFLY RECOVERY	GOODR SUNGLASSES AND BEECAUSE SNEAKER CHARMS	
PENSKE		MOVITA JUICE BAR	RENEWAL BY ANDERSEN	
CHIQUITA BANANAS		COACH'S OATES	PANCREATIC CANCER ACTION NETWORK	



BIB PICK-UP INFORMATION

LOCATION

Dodger Stadium, Lot G

DATES & HOURS

Friday, March 14: 10:00 am - 7:00 pm Saturday, March 15: 10:00 am - 5:00 pm

PARKING

Parking is available at Dodger Stadium via Gates A and E. Parking at the Expo is FREE!

WHAT'S IN YOUR RACE PACKET

- Race Bib with Timing Chip
- ASICS Participant Technical Shirt
- Clear Plastic Event-Issued Participant Bag required for Gear Check
- Official Race Program provided by the Santa Monica Daily Press

BIB PICK-UP INSTRUCTIONS

All participants are required to attend the Lifestyle Expo to pick up their race bib.

All participants must have a photo ID that matched the name on your registration and QR code. Your QR Code was emailed to you the week of March 3. (Search your email "RACE WEEKEND QR CODE"). If you do not have your QR code, please have your ID ready.

When you enter the Expo, the first area you'll walk into is the Bib Pick-Up area. The Bib Pick-Up Area is divided into the following groups by tents. Please find the group of tents that best applies to you.

- LA 5K and LA Kids Run Pick-Up (General Registration)
- Los Angeles Marathon (General Registration)
 - o Corrals A, B, C, D E
 - Open Corral
- Los Angeles Marathon LA Loyal (General Registration)
 - o Corrals A, B, C, D, E
 - Open Corral
- Team TMF Marathon, Team TMF Half Marathon, and Team TMF LA 5K
 - Anyone participating in any distance with Team TMF
- Parathlete, Elite Age Group, & Legacy Participants
 - Anyone registered as one of these special groups for the Marathon
- Charity Marathon, Charity Half Marathon, and Charity LA 5K

MARATHON

IMPORTANT NOTES

- All participants must attend the Expo to pick up their bib.
- There is **no** race day bib pickup unless you pre-purchased race morning Start Line Hospitality.
- You must pick up your own bib. No exceptions.
- We do not mail bibs.
- We do not transfer bibs.

 Anyone participating in any distance with one of the Official Charity Partners

Note: If you're registered for the LA 5K <u>and</u> the Marathon or Charity Half Marathon, you must go to two areas to pick up your bibs for each event.

CORRAL A, B, C, D, E AND OPEN CORRALS.

If you are unsure if you are in a Seeded Corral (A, B, C, D, or E) or Open Corral check our website here.

The deadline to provide proof of race time to receive a seeded corral was January 31, 2025. Corral changes will not be made at the Expo.

WHAT'S INCLUDED WITH YOUR BIB

- Race number and timing chip
- Gear Check tag: you will tear this off and attach it with a provided zip tie to your event issued clear plastic bag if you choose to utilize our race day Gear Check
- Tear-off ticket for one complimentary hard seltzer, beer, or non-alcoholic beer courtesy of Michelob Ultra, Ole, or Truly after the race!

HOW TO WEAR YOUR BIB

• To attach your bib, use four safety pins and pin each corner of the bib onto the FRONT of your shirt, making sure the number is always clearly visible.

IMPORTANT NOTES ABOUT YOUR BIB

- Do not allow anyone else to run with your bib. If somebody other than yourself uses your bib, you and the party running with your bib will both be disqualified from the event and possibly banned from future events.
- Do not post pictures of your bib number prior to the race to avoid fraudulent bib duplication. If your bib number is duplicated by another person, you may be disqualified from all future The McCourt Foundation events.
- For your safety, complete the medical information on the back of the bib.

WHEELCHAIR & PARATHLETES BIBS

Wheelchair athletes will be provided with two race bibs. The race bib with the bib tag MUST be affixed to the front of the participant's body so it can be read easily and the second race bib to the front of the chair.



CHALLENGE MEDALS

All challenge medals will be given out over race weekend even though the 2025 Rose Bowl Half Marathon & 5K was postponed and has not taken place yet

2025 Challenge Medals are the following:

- Conquer LA: 2024 Santa Monica Classic 10K, 2025 Rose Bowl Half Marathon, and 2025 Los Angeles Marathon
- Triple 5K Tour of LA: 2024 Santa Monica Classic 5K, 2025 Rose Bowl 5K, and 2025 LA 5K
- LA Double Play: 2025 LA 5K and 2025 Los Angeles Marathon or Charity Half Marathon
- **SF/LA Challenge**: 2024 San Francisco Marathon and 2025 Los Angeles Marathon
- Kids Run LA Challenge: 2024 Santa Monica Kids Run, 2025 Rose Bowl Kids Run, 2025 LA Kids Run

Qualified participants will receive a sticker at bib pick-up indicating which additional medal(s) they will receive.

- Conquer LA, LA Double Play and SF/LA Challenge medal will be given out in the secure zone after finishing the Los Angeles Marathon or Charity Half Marathon.
- Triple 5K Tour of LA and Kids Run LA Challenge medals will be available at the LA 5K Finish Festival.



LA LOYAL

The Los Angeles Marathon LA Loyal program recognizes the outstanding achievement of participants who complete the Los Angeles Marathon year after year! If you are LA Loyal, you will pick up your incentives inside the Registration area in the Expo.

- LA Loyal Bib & Pin: All LA Loyal participants will receive their bib and pin together at bib pick-up.
- To pick up additional incentives for years 5, 10, 11-14, and 15+ please go to the LA Loyal Swag tent.
- If you have Start Line Hospitality and do not plan to attend the Expo, you will receive your Swag when you check in at Start Line Hospitality race morning.
- LA Loyal swag will not be mailed.

LA LOYAL INCENTIVES

- 2+ consecutive years: Unique LA Loyal bib and the LA Loyal pin
- 5 consecutive years: LA Loyal bib, commemorative pin and hat, LA Loyal pin
- 10 consecutive years: LA Loyal bib, commemorative hoodie and medal featuring the original 1986 design, and LA Loyal pin
- 11-14 consecutive years: LA Loyal bib, LA Loyal Bib Snaps, and LA Loyal pin
- 15+ consecutive years: LA Loyal bib, LA Loyal pin, and LA Loyal branded RITC mug



EXPO VENDORS

ASICS STORE

Stop by the ASICS store to pick up your official 2025 Los Angeles Marathon Collection gear, the latest ASICS shoes, and more.

MICHELOB ULTRA BEER GARDEN WRISTBAND

All participants 21+ may pick up their wristband for the post-race Michelob Ultra Beer Garden.

LA ROAD RUNNERS

LARR Members have an exclusive meet up area in the Loge of Dodger Stadium on race morning. You must pick up your access wristband at the LARR Booth during the Lifestyle Expo (there will be no race morning wristband pick-up).

LOS ANGELES MARATHON & 40 YEARS RUNNING

Stop by the Los Angeles Marathon tent to check out our oversized course map complete with all the on-course entertainment, spectator zones, cheer zones, and aid stations, and pick up a FREE race poster, stickers, and course maps with a cheer sign on the back (while supplies last).

In 2025 the Los Angeles Marathon is celebrating 40 years running! Stop by our 40 years running booth to explore the history of the race, check out past medals and participant t-shirts, and connect with our Legacy Runners who have been part of this journey since the very beginning. Whether you're reliving memories or making new ones, we can't wait to celebrate this milestone with you!

THE MCCOURT FOUNDATION

Stop by The McCourt Foundation booth to discover how we're advancing neurological disease research and empowering communities to build a healthier world!

Want a FREE cowbell? Donate just \$1 to support neurological research, and we'll give you a cowbell to cheer on the runners!

REGISTER FOR THE 2026 LOS ANGELES MARATHON!

Registration for the 2026 Los Angeles Marathon will open Friday, March 14, 2025, with exclusive presale pricing while supplies last.



RACE DAY PARKING AND TRANSPORTATION

All participants should plan to arrive at the Start Line at Dodger Stadium no later than 5:30am (at least 90 minutes before the start of the race). There will be traffic, lines, and road closures. Make your transportation plan ahead of time.

SHUTTLES (TO THE START LINE)

We offer FREE shuttles from three locations to the Start Line race morning.

BOOKING YOUR SHUTTLE

Shuttle reservations should have been made during the online registration process. If you did not make your reservation, log into your Haku account here.

To change your shuttle reservation time, log into your Haku account here.

SHUTTLE PASS

- Your race bib is your pass to board all shuttles (except the Downtown LA Hotel shuttles).
- Downtown LA Hotel Shuttles need a wristband you will receive at hotel check in.
- Participants with shuttle reservations are to show their scheduled reservation to board a pre-race shuttle.
- Participants may also bring a confirmation email with the reserved shuttle time to board. Only participants with race bibs or confirmation emails can board the shuttles.
- Runners who purchased the Start Line Hospitality package should print their confirmation email and present it at the shuttle entrance.

SHUTTLE OPTIONS

FINISH LINE SHUTTLES: FROM CENTURY CITY TO THE START LINE

- Shuttles are available from the Finish Line in Century City to the Start Line the morning of the race.
- Times: Shuttles will run continuously from 3:00 am 5:30 am.
- Pick Up Location: Avenue of the Stars, south of Olympic Blvd., Century City



UNION STATION SHUTTLES: FROM UNION STATION TO THE START LINE

- Pick-up Location: Patsaouras Transit Plaza behind Union Station (801 Vignes St., Los Angeles, CA)
- Times: Shuttles run from 5:00 am 6:00 am.
- Important note: There is no shuttle transportation from the finish line back to Union Station after the race.

HOTEL SHUTTLE: FROM OFFICIAL DOWNTOWN LA HOTELS TO THE START LINE

- Participants that booked a Downtown LA hotel through the Official Hotel Reservation Center can board a Downtown LA Hotel Shuttle.
- Times: 4:00am 6:00am
- Pick-up Location: 500 S Figueroa Street, Los Angeles, CA
- Wristbands are required for the Hotel shuttle. Guests who are staying at an
 official Los Angeles Marathon hotel will receive (or request) their wristband at
 check in.
- Post-race: Participants that booked their Downtown LA hotel through the Los Angeles Marathon Official Hotel Reservation Center can board a Downtown LA Hotel Shuttle to take them back to Downtown LA.
- Post-race Shuttle Times: Shuttles run from 11:00 am 4:00 pm
- Post-race Pick Up location: Avenue of the Stars, south of Olympic on the east side of Avenue of the Stars.
- Post-race Drop Off Location: 500 S Figueroa St, Los Angeles.

SECURITY CHECKPOINTS FOR THOSE RIDING SHUTTLES

Participants who are riding a shuttle to Dodger Stadium (Century City, Union Station, and Downtown LA Hotels) will be required to go through a security checkpoint screening prior to boarding the shuttle.

- All bags will be screened by security personnel.
- Participants MUST use the clear plastic event-issued Participant Bag for carried gear.
- Non-transparent bags, backpacks, or suitcases WILL NOT be accepted under any circumstances.



PARKING AT THE FINISH LINE IN CENTURY CITY

There is ample parking in Century City for participants and spectators alike.

- Allow for extra time to enter parking lots. There will be traffic and lines as early as 3:30 am.
- Be aware of and adhere to all posted "No Parking" signs in the neighborhoods surrounding Ave of the Stars. Parking enforcement will be on-site throughout the day, and you will be ticketed and/or towed.
- Make note of your parking garage so as not to forget where you parked postrace.

The list of available parking at the Finish Line is below and on our website. Click the link here to pre-purchase your parking: https://www.mccourtfoundation.org/event/los-angeles-marathon/parking-transportation/

- 2049 Century Park East/2029 Century Park East: Click to view map
- 1999 Avenue of the Stars, Los Angeles, CA 90067: Click to view map
- 10250 Constellation Blvd, Los Angeles, CA 90067: Click to view map
- 2030 Century Park West, Los Angeles, CA 9006: Click to view map
- 10250 Santa Monica Blvd, Los Angeles CA 90067: Click to view map

Please pay attention to the parking instructions provided for each garage above.

DRIVING TO DODGER STADIUM

PARKING AT DODGER STADIUM

If you are parking at Dodger Stadium:

- Vehicle access to Dodger Stadium is ONLY permitted through the Golden State Gate accessible via I-5.
- Use 2000 Academy Rd. to navigate via GPS to the Golden State Gate. This will take you directly to the Golden State Gate.
- Use the RIGHT lanes leading into the Golden State Gate and proceed to the Runner Parking Area in Parking Lot 3.

IMPORTANT NOTES ABOUT PARKING AT DODGER STADIUM

- The Stadium Way exits from CA-110 (both northbound and southbound) will be closed on race day.
 - o All other Dodger Stadium parking gates will be closed to vehicular traffic.
- Dodger Stadium gates will open to vehicular traffic on Sunday, March 16 at 3:00 am PT.
- Parking at Dodger Stadium during the Los Angeles Marathon is free.



- There is <u>no</u> shuttle transportation from the Finish Line back to Dodger Stadium after the race.
- The Downtown and Sunset Gates will not be opened to vehicles.
- Retrieve your vehicle by 6 pm on March 16. Vehicles left in the lot after 6 pm are subject to tow at their owner's expense.

DROP OFF AT DODGER STADIUM

If you are being dropped off at Dodger Stadium via Lyft/Uber/or friend/family:

- Enter through the Golden State Gate, accessible via I-5
- Enter 2000 Academy Rd., Los Angeles CA to navigate via GPS. This will take you directly to the Golden State Gate.
- Use the LEFT lanes leading into the Golden State Gate and proceed to the Runner Drop-Off Area in Parking Lot 4.

SECURITY CHECKPOINTS FOR THOSE DRIVING OR BEING DROPPED OFF AT DODGER STADIUM

- Participants who park their cars or are dropped off at Dodger Stadium will be required to access the Start Line at Dodger Stadium through one of three Security Checkpoints.
- All participants are subject to search and all bags will be screened by security personnel.
- Participants MUST use the clear plastic event-issued Participant Bag for carried gear.
- Non-transparent bags, backpacks, or suitcases WILL NOT be accepted at Gear Check under any circumstances.



POST-RACE TRANSPORTATION

IF YOU PARKED AT THE FINISH LINE YOU CAN WALK TO YOUR CAR!

UBER/LYFT/RIDESHARE PICK-UP LOCATIONS:

There are three rideshare pick up locations at the Finish Line:

- Pick Up Area 1: Corner of Century Park East and Galaxy Way
 - o Pick-Up Coordinates: 34° 3'24.56"N, 118°24'35.35"W
- Pick Up Area 2: corner of Avenue of the Stars and Galaxy Way
 - o Pick-Up Coordinates: 34° 3'17.45"N, 118°24'42.79"W
- Pick Up Area 3: Corner of Century Park West and Olympic Blvd
 - o Pick-Up Coordinates: 34° 3'11.42"N, 118°24'59.44"W

IF YOU'RE GETTING PICKED UP BY A FRIEND/FAMILY

- Direct your friends/family to pick you up at Pico and Motor Ave, near the main gate of Fox Studios and the entrance to Rancho Park Golf Course.
- This is approximately ¾ of a mile walk from the Finish Festival. Exit the Finish Festival to walk south on Avenue of the Stars or Century Park East and turn right/west when you reach Pico Blvd.

IF YOU'RE STAYING AT A DTLA HOTEL

Participants that booked their Downtown LA hotel through the Los Angeles Marathon Official Hotel Reservation Center can board a Downtown LA Hotel Shuttle to take them back to Downtown LA.

- Post-race Shuttle Times: shuttles run from 11:00 am 4:00 pm
- Post-race Pick Up location: Avenue of the Stars, south of Olympic on the east side of Avenue of the Stars.
- Post-race Drop Off Location: 500 S Figueroa St, Los Angeles.
- You will need your wristband that you receive from your hotel at Check In to get on the post-race shuttle.



START LINE





RACE DAY SCHEDULE

SUNDAY, MARCH 16

TIME	DESCRIPTION
3:00 AM	DODGER STADIUM PARKING OPEN
3:00 AM	SECURITY CHECKPOINTS OPEN
4:00 AM	GEAR CHECK OPENS
4:45 AM	START LINE HOSPITALITY OPENS
5:00 AM	SEEDED CORRALS OPEN (A, B, C, D, & E)
6:00 AM	PRE-RACE WARM UP WITH ALO MOVES
6:25 AM	SECURITY CHECKPOINT #1 CLOSES
6:30AM	GEAR CHECK CLOSES
6:30 AM	PRO WHEELCHAIR AND OTHER PARATHLETES RACE START
6:32 AM	HAND CRANK RACE START
6:40 AM	SEEDED CORRALS CLOSE (A, B, C, D, & E)
6:40 AM (TBC)	PRO WOMEN & ELITE AGE GROUP WOMEN
7:00 AM	PRO MEN & FULL FIELD START
8:15 AM	CHARITY HALF MARATHON START



GEAR CHECK PRESENTED BY PENSKE

Participants will have the option to check a bag race morning and pick it up after the race near the Finish Line.

RACE MORNING:

- Gear Check is in parking lot K at Dodger Stadium
 - Look for the 10 yellow Penske trucks near the large Start Line Hospitality tent
- Gear Check Opens at 4am PT
- Gear Check closes at 6:30am PT (after this time you will not be able to check a bag)

AFTER THE RACE:

- Gear Check will be located in the Secure Zone on Century Park East north of Constellation
- Gear Check will be open until 3:30pm PT

Gear Check bags not retrieved on race day will be taken back to the Los Angeles Marathon offices where you can pick it up with proper documentation. Please email solutions@mccourtfoundation.org with "GEAR CHECK BIB # [insert your bib number]" to confirm your bag is there and to make arrangements to pick it up.

GEAR CHECK RULES & POLICIES:

- You must use the clear plastic event-issued bag provided.
- Non-transparent bags, backpacks, or suitcases WILL NOT be allowed through Security Checkpoints.
- CamelBak and similar hydration backpacks are allowed but must be searched by security personnel.
- Do not check valuables such as keys, phones, and wallets as we are not responsible for loss or damage.
- Do not check perishable items like bananas. Trust us!



PRE-RACE FOOD

Water, GU Energy Gels, Arrowhead water and Chiquita bananas will be available in Parking Lot H North at Dodger Stadium.

PRE-RACE WARM UP WITH ALO MOVES

Join instructors from ALO Moves for a curated pre-race warm up and stretching session.

Location: Lot H Time: 6am - 6:15am

RESTROOMS

Portable toilets will be available for participants race morning in the following locations:

- Parking Lot K adjacent to Gear Check
- Parking Lot 6 adjacent to the Shuttle Drop-Off Area
- Parking Lot F near Security Checkpoint #1
- Parking Lot 4 adjacent to Security Checkpoint #2
- Inside Dodger Stadium

KIA CHARGING START LINE HOSPITALITY

Start Line Hospitality is only open to those who prepurchase access. Start Line Hospitality includes:



- Race day bib pick-up
- Private Gear Check
- Access to tent with heaters, porta potties, light breakfast, stretching area, and more!

To add Start line Hospitality to your entry, click here. Open while supplies last.

Start Line Hospitality is in Lot K and opens at 4:45am. Look for the large white tent with KIA logo.



SEEDED (A, B, C, D, E) AND OPEN CORRALS

IF YOU RECEIVED A CORRAL PLACEMENT IN A, B, C, D, OR E:

- Corrals will open at 5:00 am and close at 6:40 am
- There are separate entrances for each corral. Look for the Giant Letter that corresponds with your Bib Number
- Special race bib designation is required for entrance into A, B, C, D, E Corrals.

IMPORTANT NOTES:

- Participants may move back to a slower corral but not up to a faster corral.
 - If you're in Corral B and your friends are in Corral D or even an Open Corral you may start with them, however they cannot start with you in Corral B.
- Seeded corral placement closed on January 31, 2025. Corral changes WILL NOT be made at the Expo.

IF YOU RECEIVED OPEN CORRAL PLACEMENT:

- The Open Corral is a self-seeded meaning you can start anywhere within the Open Corral
- Upon entering the corral, participants should look for the large "pace per mile" signs and line up per expected race pace.

RUNNER ETIQUETTE TIPS

- Place yourself accordingly (slower in the back, faster in the front).
- If you find yourself with those much faster, please stay to the sides and allow faster participants to pass.
- Do not run/walk/jog multiple people across.

All finish times will be the net time from when you cross the starting line, not the gun time.



PACE TEAMS

LA Road Runners Pace Leaders will lead groups with the following finish times:

- 3:00; 3:10; 3:20; 3:30; 3:40; 3:50; 4:00; 4:10; 4:20;
 4:30; 4:40; 4:50; 5:00; 5:15; 5:30; 5:45; 6:00; 6:15; 6:30
- Official LARR Pace Leaders will be spread out in their appropriate seeded corrals, based on finish times, 3:00 (Corral A) to 6:30 (Open Corral).
 Pace Leaders will also be available in the Open Corrals for 3:30 to 6:30 finish times.

Pace Leaders wear dark blue shirts and carry a red sign with their finish time on it. It will be held above the crowd, in the start area and on course. Please note LARR Pacers train to keep pace and hit goal times, however it is not guaranteed so always be prepared to pace yourself.





GROUPS WITH SPECIAL ACCESS

TEAM TMF

Team TMF participants are invited to the Green Room Tent pre-race where there will be heaters, coffee, and pre-race food and easy access to the Corrals for the race start. The Green Room tent opens at 4:30am.

Team TMF Participants must pick up their wristband at the Expo to access the Green Room Tent.

The Green Room is located in Lot H, near the Start Line and Corral A entrance.

LA ROAD RUNNERS

LARR Training Program members are invited to meet up with the coach and pace leaders in the pre-race meet up area located in the Loge Level inside Dodger Stadium.

LARR Members must pick up your access wristband at the LARR Booth during the Lifestyle Expo (there will be no race morning wristband pick up).



LARR MEET UP LOCATION

- Loge level of Dodger Stadium
- Access to the Loge is from the Right Field side of the stadium.
- From the Gear Check Tent in Lot K, walk towards the stadium and take the stairs up to the Loge Level.

CHARITIES WITH CHARITY SUITES ACCESS

Charity Suites are available for the following Nonprofit Partners: American Cancer Society, Angel City Pit Bulls, Beit T'Shuvah, Children's Hospital Los Angeles, Kitten Rescue, Neighborhood Nip Foundation, Students Off & Running – SOAR, Students Run LA

Charity Suites are open to those with the proper wristband only. Contact your Charity Program Manager to receive your wristband.

CHARITY SUITES LOCATION

- Club level of Dodger Stadium
- Access to the suites is from the Right Field side of the stadium.
- From the Start Line Hospitality Tent in Lot K, walk towards the stadium and take the stairs up to the Club Level.
- Participants may also enter the stadium to walk up to the Club Level from the Right Field Gate entrance.

TEAM WORLD VISION

Team World Vision participants will have a private tent located in Lot 4. Please check with your Charity Manager for further details.

WHEELCHAIR, HANDCYCLE, & PARATHLETES

The Wheelchair participant tent is in Lot H North just north of the Start Line. Wheelchair athletes should plan to arrive no later than 6:00am to stage properly at the Start Line.

The Parathlete tent is located in Lot H.

STUDENTS RUN LA

We are delighted to welcome Students Run LA participants back to the Los Angeles Marathon. SRLA participants will receive specific instructions from the program and their coaches about bib pick up and race day logistics. Please note that after crossing the Finish Line, all SRLA participants will be directed to a dedicated meeting area at Beverly Hills High School.



COURSE



To view course map details: https://www.mccourtfoundation.org/event/los-angeles-marathon/distances-courses/

AID STATIONS

There are 20 Aid Stations on course located approximately every mile from Mile 2 to Mile 25.

WATER & ELECTROLIT



All Aid Stations will feature both Water and Electrolit

- Electrolit flavors are blue raspberry and strawberry kiwi.
- When approaching an Aid Station, Electrolit will be first then water.
- If the first tables are crowded, continue moving through as there are usually open tables.
- All water and Electrolit will be served in single use cups. Please dispose of the cups in the ample garbage cans on-course in and after the aid stations.



Special thank you to LADWP and Arrowhead for providing water in WaterMonsters to help reduce plastic waste on-course!





GU

- GU Energy Gels will be available to participants at the Aid stations at Miles 12 and 18.
- GU flavors on course will be Raspberry lemonade, Vanilla bean and (Roctane) Sea Salt Chocolate.



Did you know you can recycle all sports nutrition wrappers through GU and TerraCycle? Help keep the streets of Los Angeles clean and wrappers out of landfills by tossing your wrappers at the designated GU x TerraCycle collection bins at Miles 12, 18, and in the finish chute. TerraCycle will then take those wrappers and break them down and transform them into park benches, recycling bins and so much more!

MEDICAL STATIONS PROVIDED BY UCLA HEALTH

 There are 10 Medical Stations on course located at every mile beginning at Mile 6 in addition to Medical at the Finish Line and inside the Finish Festival.



- All Medical Stations are identified by blue banners with the word MEDICAL in white.
- Every medical station is stocked with basic needs such as band aids, Vaseline, salt, Ibuprofen/Tylenol, Kool 'n Fit and more.







RESTROOMS

Portable restrooms are located along the course at every water station and are placed after the Aid Stations.

MARATHON MILE/KM MARKERS

- Mile Markers will be positioned at every mile to denote the elapsed distance from the start of the race.
- KM Markers will also be positioned to designate each 5-kilometer segment of the racecourse.
- Please note that at Mile 8, 11, & 14, you will also see 5K, 10K, and 15K markers that are for the Charity Half Marathon event distance markers. These markers will be identified with the Charity Half Marathon logo.

RUNNING A 15:00+ MINUTE PER MILE PACE

- The Marathon course will be closed to vehicular traffic for 6 hours 30 minutes beginning after the last runner has crossed the Start line.
- Participants that maintain a 15:00 minute per mile pace will complete the race under the finish line structure with streets closed.
- Walkers keeping a pace slower than 15:00 minutes per mile should be aware that the course will reopen to vehicular traffic on a rolling basis.
- At this point, participants who wish to continue must leave the roadway, run on the sidewalk, and assume the role of a pedestrian obeying all traffic laws.

Pro Tip: Scroll down to learn more about our Party Pacers and the Late Finish Line experience.

LATE AID STATIONS

 Late Aid Stations will be available for participants who proceed at a pace slower than 15:00 per mile. They will close at the following times: Mile 15 at 3pm; Mile 17 at 3:30pm; Mile 24 at 6pm; Mile 25 open from 1-6pm



DROPPING OUT OF THE RACE

If you need to drop out of the Marathon:

- Report to the nearest Aid Station or amateur radio operator (located next to each mile marker) so that your name and bib number can be recorded and transmitted to race officials.
- Shuttle Vans will pick-up runners who are unable to complete the Marathon starting at the Mile 7 Water Station, continuing through Mile 23.
- Shuttle vans will transport them back to the Runner Drop Off location in Century City at the intersection of Century Park West and Constellation.
- Please note that Drop-Downed Runner Vans operate on a loop route and you
 may be required to wait for the next van to arrive.

PARTY PACERS & LATE FINISH LINE EXPERIENCE

The Los Angeles Marathon Party Pacers bring the energy, encouragement, and celebration to the back of the pack! Launched in 2023, this passionate team of volunteers is dedicated to uplifting participants at The McCourt Foundation events, focusing on the joy of finishing strong—whether it's your personal best or simply crossing the finish line with a smile.

- If you're finishing 5h30m or later, you'll be inspired, motivated, and encouraged by our Party Pace Team.
- They're a wealth of information with a solid understanding of the course, including where aid stations are, what landmarks you'll pass, and more.
- Be on the lookout for the Party Pacers in neon orange shirts and hats!

At the Los Angeles Marathon, every finisher is a Marathon Finisher. All new this year, we expanded the Party Pacer program to support participants aiming for the official finish line (approximately 6 hours and 30 minutes) and those finishing after.



Here's what you can expect based on your pace:

OFFICIAL FINISH LINE EXPERIENCE (APPROX. 6:30 & UNDER FINISH TIME):

- Participants finishing within approximately 6 hours and 30 minutes after the last starter will enjoy all course amenities, including the official Finish Line on Santa Monica Blvd.
- Party Pacer Party Wagon: Positioned to help you stay on track for the official finish line on Santa Monica Blvd. If you're ahead of the Party Wagon, you're on pace to finish within the 6-hour, 30-minute time frame. The wagon is stocked with snacks, music, and Party Pacers offering motivation and encouragement to keep you going strong.

EXTENDED FINISHERS (BEYOND 8:00 FINISH TIME):

- Participants finishing within approximately 8 hours after the last starter will be
 asked to move to the sidewalk to complete their marathon and follow pedestrian
 rules but will have access to late aid stations and the Late Finish Line on
 Avenue of the Stars, complete with timing mats, medals, and light refreshments.
 Official finish times will be posted by our timing company. (Finish times can be
 self-reported to be included in the results.)
- Late Finish Line Ambassadors: Supporting participants aiming for a finish time of up to 8 hours. If you're with or ahead of the Late Finish Line Ambassadors, we guarantee access to all late aid stations and the Late Finish Line experience on Avenue of the Stars.

No matter your pace, we're here to cheer you on every step of the way. Let's make it to the finish line together!

ENTERTAINMENT AND CHEER ZONES

The Entertainment along the course will celebrate the diversity and rich cultural communities of Los Angeles. Check our 2025 Course Entertainment Course Map to find out what you can expect on course.



FINISH LINE





OFFICIAL FINISH LINE:

The Finish Line of the 2025 Los Angeles Marathon is located on Santa Monica Blvd at the west corner of Avenue of the Stars. It will remain open and fully operational until about 2pm or 6 hours 30 minutes after the final starter.

LATE FINISH LINE

Those finishing after 6 hours 30 minutes will be directed to a Finish Line on the West side of Avenue of the Stars adjacent to the main Finish Line.

Participants finishing within approximately 8 hours after the last starter will have access to the Late Finish Line on Avenue of the Stars, complete with timing mats, medals, and light refreshments. Official finish times will be posted by our timing company (can be self-reported).

CHARITY HALF MARATHON FINISH LINE

Marathoners please be aware that shortly after the 18-mile marker you will see signage for Charity Half Marathon participants advising them to stay left to complete their race at the Finish Line of the Los Angeles Marathon on Santa Monica Blvd.

Marathon participants will continue straight on Santa Monica Boulevard to finish their remaining 8 miles.

SECURE FINISH ZONE

Once participants cross the Finish Line, you will be directed into the Secure Finish Zone. Inside the Secure Zone Participants will receive the following in this order:

- Finisher Medal
- Challenge Medals: Conquer LA, LA Double Play, and SF/LA Challenge (all qualified participants will receive one or several stickers, each indicating which of the bonus medals they are eligible to receive)
- Heatsheets
- Post-race food and fluid including Electrolit, Arrowhead Water, TruMoo Chocolate Milk, and Optimum Nutrition Protein Shake.
- Finisher Pix photo op
- Gear Check (located on Century Park East)

Only participants completing the Marathon or Charity Half Marathon will be allowed into the Secure Finish Zone. Once you leave the Secure Finish Zone, reentry will not be permitted.



POST-RACE GEAR CHECK

Participants that check gear at the Penske Trucks at Dodger Stadium prior to the race will be able to retrieve their gear at Gear Check:

- Gear Check will be located on Century Park East inside the Secure Zone
- Gear Check will be open until 3:30pm
 - Gear Check bags not retrieved on race day will be taken back to the Los Angeles Marathon offices where you can pick it up with proper documentation. Please email <u>solutions@mccourtfoundation.org</u> with "GEAR CHECK Bib # [insert your bib number]" to confirm your bag is there and to make arrangements to pick it up.

FAMILY REUNION

After you cross the Los Angeles Marathon finish line, you'll walk approximately ½ mile through the Runner Secure Zone, where you'll receive your finisher medal, water, Electrolit, snacks, and more before retrieving your Gear Check bag. You'll then exit the secure zone at Constellation Avenue at the intersection of Avenue of the Stars.

To avoid congestion, we strongly recommend planning ahead to meet your family and friends in one of these locations:

- Michelob Ultra Beer Garden: Located at the Atrium inside the Westfield Century City Mall, this is a great spot to celebrate your finish with your complimentary drink!
- Westfield Century City Mall Restaurants: Enjoy your well-deserved post-race meal at one of the many restaurants inside the mall (with link to restaurants)

Important notes:

- DO NOT plan to meet directly outside the Runner Secure Zone exit at Constellation & Avenue of the Stars. This area will be extremely congested.
- Cell service may be limited due to high traffic in the area, so set a meeting spot in advance

Plan ahead and enjoy your post-race celebration!



RACE RESULTS

Official race results will be available online post-race.

If you do not see your results posted within 12 hours after you crossed the finish line, please email melanie@spectrumtiming.com with:

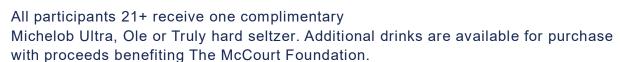
- The subject line reading "2025 LA Marathon Results"
- Your first and last name matching your event registration.
- Your assigned bib #
- Please ensure the information provided is accurate so the correct official finishing time is assigned to your name and registration.

Note, your finish time will be the net time from when you cross the starting line, not the gun time.

POST RACE AMENITIES

MICHELOB ULTRA BEER GARDEN

- 9:30am 2:30 pm
- The Atrium at the Westfield Century City Mall



All new this year, the Beer Garden is located inside the Westfield Century City Mall. Participants and their spectators may enter the Mall on Constellation Blvd (Between Century Park West and Avenue of the Stars) or on Avenue of the Stars (between Constellation and Santa Monica Blvd.)

IDs are required for entry into the Beer Garden. Pick up your wristband at the Expo or bring your ID on race day.

TEAM TMF POST RACE TENT

Team TMF participants will have a private finish tent in the secure zone this year! The Team TMF tent will be located in the finish shoot after you pick up your race medal on Santa Monica Blvd. There will be post-race food and beverages.





MASSAGE TENT

Participants are welcome to indulge in a post-race complimentary massage at one of our two massage tents. The massage tents will be in the valet area in front of 1999 Ave of the Stars.

SPECTATORS

RUNNER TRACKING

Download the all-new Los Angeles Marathon race weekend app by searching "2025 Los Angeles Marathon" in your phone's app store.

Live results will be posted in the app on March 16 with official race results posted on our website within 24 hours of the race.

WHERE TO WATCH

Media coverage of the race extends worldwide, on multiple platforms:

- Live local television broadcast on KTLA (Ch. 5 in LA) from 6:00am-11am PT
- Streaming on:
 - Facebook at Facebook.com/LAMarathon (International)
 - KTLA.com (International)
 - KTLA+ which can be viewed on the KTLA+ app on Apple TV, Roku, and Firestick (US Only)
 - YouTube at Youtube.com/KTLA (International)

SPECTATOR ACCESS AT THE FINISH LINE

Spectator access will be limited on Santa Monica Blvd from Avenue of the Stars to Century Park East and Century Park East from Santa Monica Blvd to Constellation.

Any spectator wishing to watch their runner cross the Finish Line will need to position themselves on Santa Monica Blvd west of Avenue of the Stars.



Expect heavy congestion at the Runner Secure Zone exit at Constellation & Avenue of the Stars. To avoid delays, spectators should plan to meet their runner at one of these two designated locations:

- Michelob Ultra Beer Garden: Located inside the Atrium at Westfield Century City Mall, this is the perfect spot to celebrate your runner's achievement with a complimentary post-race drink.
- Westfield Century City Mall Restaurants: Let your runner refuel and relax with a well-deserved post-race meal at one of the many dining options inside the mall.

Important Reminders:

- Do not plan to meet your runner directly outside the Runner Secure Zone exit at Constellation & Avenue of the Stars. This area will be extremely congested.
- Cell service may be limited due to high traffic. Set a meeting location in advance.
- Expect it may take your runner at least 30 minutes to exit the Secure Zone after crossing the Finish Line.
- Easy mall access: The Westfield Century City Mall entrance on Avenue of the Stars (near the pedestrian bridge) is a convenient way to get inside.

By planning ahead, you'll make your post-race reunion smooth and stress-free!

SPECTATOR PARKING AT THE FINISH LINE IN CENTURY CITY

There is ample parking in Century City for participants and spectators alike.

IMPORTANT NOTES ABOUT PARKING IN CENTURY CITY

- Allow for extra time to enter parking lots.
- Be aware of and adhere to all posted "No Parking" signs in the neighborhoods surrounding Ave of the Stars. Parking enforcement will be on-site throughout the day, and you will be ticketed and/or towed.
- Make note of your parking garage so as not to forget where you parked postrace.

THE LIST OF AVAILABLE FINISH LINE PARKING STRUCTURES IS BELOW.

- 2049 Century Park East/2029 Century Park East: Click to view map
- 1999 Avenue of the Stars, Los Angeles, CA 90067: Click to view map
- 10250 Constellation Blvd, Los Angeles, CA 90067: Click to view map
- 2030 Century Park West, Los Angeles, CA 9006: Click to view map
- 10250 Santa Monica Blvd, Los Angeles CA 90067: Click to view map



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